

**Adult ADHD Collateral Information From Caretaker**

For whom are you completing this questionnaire? \_\_\_\_\_

Your Name: \_\_\_\_\_

Date: \_\_\_\_\_

**MEDICAL HISTORY**

**Gestation**

Circle any of the following that happened during pregnancy:

**Mother was ill (toxemia, anemia)**      **Mother took medication**      **Mother smoked cigarettes**

**Mother drank alcohol**      **Mother used illicit drugs**      **Premature birth**

Anything else unusual about mother's pregnancy: \_\_\_\_\_

\_\_\_\_\_

**Delivery**

Circle any of the following that happened at the time of patient's birth:

**Fetal distress**      **Low birth weight (less than 5 lbs or 2000 grams)**      **Breech birth with forceps delivery**

**Staying in hospital longer than expected**      **Anoxia (lack of oxygen, blue baby)**

Anything else unusual about the delivery: \_\_\_\_\_

\_\_\_\_\_

**Development**

Circle any of the following for which patient was delayed:

**Walking**      **Talking**      **Toilet training**      **Reading**      **Social Maturity**

Explain any other abilities that were slow to develop: \_\_\_\_\_

\_\_\_\_\_

Circle the following that patient experienced as a child or adolescent?

**Careless accidents**      **Frequent emergency room visits**      **Broken bones**

Head injuries?

<b>When</b>	<b>How</b>	<b>Loss of Consciousness?</b>	<b>Outcome</b>

**Early Academic**

Which describes patient's elementary school performance best?

**Usually above grade level**

**Average-working at grade level**

**Below grade level**

**Needed extra help or special education**

Circle the following that pertain to patient's elementary school years:

**Failed a grade**    **Took special classes**    **Evaluated by school**    **Labeled by school**    **Had a tutor**

**Suspended**    **Expelled**    **Learning difficulties**    **Told he/she had a learning disability**

**Performance was variable or unpredictable**    **Told he/she wasn't achieving up to potential**

**Reading problems**    **Math problems**    **Writing problems**

Any other significant events to occur during elementary school years: \_\_\_\_\_

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### **Middle/High school Academic**

Which describes patient's middle and high school performance best?

**Usually above grade level**

**Average-working at grade level**

**Below grade level**

**Needed extra help or special education**

Circle the following that pertain to patient's middle and high school years.

**Failed a grade**    **Took special classes**    **Evaluated by school**    **Labeled by school**    **Had a tutor**

**Learning difficulties**    **Suspended**    **Expelled**    **Reading problems**    **Math problems**

**Writing problems**    **Told he/she had a learning disability**    **Performance was variable or**

**Unpredictable**    **Told he/she wasn't achieving up to potential**

Other significant events during middle and high school years: \_\_\_\_\_

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### **Childhood Environment**

Did patient experience the following as a child or adolescent? (circle)

**Loss or separation from a loved one**

**Change in caregivers**

**Neglect**

**Poor diet**

**Exposed to pornographic materials in the home**

**Witnessed violence in the family**

**Extreme family stress**

**Economic/financial stress**

**Exposure to lead water pipes or paint**

## Temperament

Circle the descriptors that describe patient as an infant and toddler:

**Impulsive**      **Fearful**      **High activity level, unusually active**      **Difficult to calm**

**Did not handle change in routine well**      **colic**      **Clumsy**      **Frequent temper tantrums**

**eating problems**      **Rigid or tense instead of cuddly sleep problems**

How else have others used to describe patient as an infant and toddler: \_\_\_\_\_

Circle the words that patient was known for in preteen years:

**Risk-taker**      **Angry at the world**      **Picked-on**      **Bullied others**      **Known for irritating others**

**Clumsy**      **Short fuse**      **Accident prone**      **Irritable**      **Liked to break rules**

Circle the words that patient was known for in junior and high school years:

**Risk-taker**      **Angry at the world**      **Picked-on**      **Bullied others**      **Known for irritating others**

**Clumsy**      **Short fuse**      **Accident prone**      **Irritable**      **Liked to break rules**

## **PSYCHIATRIC / PSYCHOLOGICAL HISTORY**

Describe the reasons the person has seen any counselors, psychologists, or psychiatrists in the past for counseling, testing, or psychiatric hospitalizations:

## FAMILY PSYCHIATRIC / PSYCHOLOGICAL HISTORY

Read the list of diagnoses in the first column. If you suspect a blood relative as having the diagnosis, write in that person's relationship to the patient in the middle column. In the last column, tell if it was a formal diagnosis by a qualified professional or if you just suspect the person as having the disorder.

	<b>Relationship to patient (e.g., brother, mother, maternal aunt, etc.). List more than one person if applicable.</b>	<b>Formally diagnosed by a qualified professional? Write YES or NO, and list symptoms you noticed or heard about.</b>
<b>ADD or ADHD</b>		
<b>Oppositional defiant disorder or conduct disorder (rule- breaking behavior)</b>		
<b>Depressive disorder</b>		
<b>Bipolar disorder (manic depression)</b>		
<b>Anxiety disorder</b>		
<b>Alcohol or drug abuse</b>		
<b>Learning disability</b>		
<b>Schizophrenia or other psychotic disorder</b>		

## SIGNS OF ATTENTION PROBLEMS

Circle 0 through 3 to indicate how often the individual exhibited the following behaviors **as a child**.

**0=Rarely or Never**

**1=Somewhat**

**2=Frequently**

**3=Very Frequently**

**a.) Often failed to give close attention to details or made careless mistakes in schoolwork or other activities**    **0   1   2   3**

Examples:

Careless mistakes in schoolwork

Missed items/problems you knew how to do

Didn't go back over work to check answers

Rushed through work without thinking it through

**b.) Often had difficulty sustaining attention in tasks or play activities**    **0   1   2   3**

Examples:

Short attention span

Required supervision to stay on task

Trouble concentrating (excluding computer games or activities that are immediately gratifying)

**c.) Often did not seem to listen, even when spoken to directly**    **0   1   2   3**

Examples:

Eye contact necessary in order to hear

Parents/teachers had to repeat directions or raise voice in order to get you to comply

**d.) Often did not follow through on instructions and failed to finish schoolwork or chores (not due to oppositional behavior or failure to understand)**    **0   1   2   3**

Examples:

Couldn't follow teacher/parent's instructions

Left things unfinished

Unable to complete multiple step commands

**e.) Often had difficulty organizing tasks or activities**    **0   1   2   3**

Examples:

Excessively messy at home and school, cluttered closet and desk, backpack stuffed with junk

Trouble organizing long-term assignments/book reports, projects

Trouble organizing self to get homework completed

**f.) Often avoided, disliked, or was reluctant to engage in tasks that required sustained mental effort (like school or homework)**    **0   1   2   3**

Examples:

Avoided school/homework

Avoided reading books, puzzles, etc. (tasks requiring concentration)

**g.) Often lost things necessary for tasks or activities (e.g., toys, school assignments, pencils, books, or tools) 0 1 2 3**

Examples:

Lost pencils, books, notebooks

Lost toys, gloves, etc.

Lost homework assignments

**h.) Was often easily distracted by extraneous stimuli 0 1 2 3**

Examples:

Mind wandered

Called a “daydreamer” or “spacey”

Distracted by looking out window or around room during class

Hard to get back on task after being distracted

**i.) Was often forgetful in daily activities 0 1 2 3**

Examples:

Trouble remembering to do chores

Forgot what he/she was supposed to be doing in the middle of a task

Forgot books at school or home

Forgot to do errands

Look at the items for which you answered 3 or 4. At what age did these inattentive/forgetful/disorganized symptoms appear? \_\_\_\_\_

Where did these symptoms occur as a child? **School**      **Home**      **Athletics or Clubs**      **Social settings**

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Circle 0 through 3 to indicate how often the individual exhibited the following behaviors as a child.

**0=Rarely or Never**

**1=Somewhat**

**2=Frequently**

**3=Very Frequently**

**a.) Often fidgeted with hands or feet or squirmed in seat 0 1 2 3**

Examples:

Squirmy

Unable to sit still

**b.) Often left seat in classroom or in other situations in which remaining in seat was expected 0 1 2 3**

Examples:

Trouble staying seated at school, mealtime, homework time, religious service, etc.

Needed constant reminders to sit

**c.) Often ran about or climbed excessively in situations in which it was not appropriate 0 1 2 3**

Examples:

Climbed on furniture

Climbed trees a lot

Always ran about

**d.) Often had difficulty playing or engaging in leisure activities quietly    0   1   2   3**

Examples:

Played games loudly

Teachers had to frequently remind the child to keep the noise down

Unable to watch TV or movies quietly

**e.) Was often “on the go” or often acted as if “driven by a motor”    0   1   2   3**

Examples:

Unusually active at school/home

Endless energy

Constantly moving

**f.) Often talked excessively    0   1   2   3**

Examples:

Acted like a “chatterbox” or “motor-mouth”

Teacher/parent had to remind child constantly to stop talking

Parents/teacher/friends complained of constant talking

**g.) Often blurted out answers before the questions had been completed    0   1   2   3**

Examples:

Always had to be the first to answer questions

Teachers complained that child didn't wait for the full question before answering

Teachers said that the child had trouble raising his/her hand

Gave any answer that came to mind, even if incorrect

**h.) Often had difficulty awaiting turn    0   1   2   3**

Examples:

Trouble waiting for turn in sports/games

Trouble taking turns in video games

Almost Always needed to be first in line

Pushing ahead of others

**i.) Often interrupted or intruded on others (.e.g., butts into conversations and games)    0   1   2   3**

Examples:

Interrupted other people's conversations or phone calls

Barged into other children's games

Look at the items for which you answered 3 or 4. At what age did these hyperactive/impulsive symptoms appear? \_\_\_\_\_

Where did hyperactivity/impulsivity occur as a child? **School   Home   Athletics or Clubs   Social settings**